**What Approach to Learning Do You Use?**

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| **Instructions:** Read each statement and ✓ the column descriptor you feel best represents how you learn. | **Strongly Agree** | **Somewhat Agree** | **Somewhat Disagree** | **Strongly Disagree** |
| **Approach:** |  | | | |
| I find I have to concentrate on just memorizing a good deal of what I have to learn. |  |  |  |  |
| I am not really sure what’s important in lectures, so I try to get down all I can. |  |  |  |  |
| I tend to read very little beyond what is actually required to pass. |  |  |  |  |
| I concentrate on learning just those bits of information that I have to know to pass. |  |  |  |  |
| I like to be told precisely what to do in essays or other assignments. |  |  |  |  |
| I often seem to panic if I get behind in my work. |  |  |  |  |
| Often I find myself wondering whether the work I am doing here is really worthwhile. |  |  |  |  |
| **Approach:** |  |  |  |  |
| I think I am quite systematic and organized when it comes to studying for exams. |  |  |  |  |
| I am pretty good at getting down to work whenever I need to. |  |  |  |  |
| I organize my study time carefully to make the best use of it. |  |  |  |  |
| Before starting work on an assignment or exam question, I think first how best to tackle it. |  |  |  |  |
| I look carefully at my instructor’s comments on course work to see how to get higher marks the next time. |  |  |  |  |
| I put a lot of effort into studying because I am determined to do well. |  |  |  |  |
| When I have finished a piece of work, I check it through to see if it really meets requirements. |  |  |  |  |
| **Approach:** |  |  |  |  |
| When I am reading I stop from time to time to reflect on what I am trying to learn from it. |  |  |  |  |
| When I am working on a new topic, I try to see in my own mind how all the ideas fit together. |  |  |  |  |
| Often I find myself questioning things I hear in lectures or read in books. |  |  |  |  |
| Some of the ideas I come across on the course I find really gripping. |  |  |  |  |
| I usually set out to understand for myself the meaning of what we have to learn. |  |  |  |  |
| I like to play around with ideas of my own even if they don’t get me far. |  |  |  |  |
| It is important for me to be able to follow the argument, or to see the reason behind things. |  |  |  |  |