

STUDENTS
ASKING QUESTIONS

SRL HURTS MY BRAIN!!

I NEED TIME TO PROCESS

I GET IT!

New Ideas

you mean when I help others I am actually studying??

A T T A C H M E N T
A S S E S S M E N T
S C H U L L

study schedule

M	1 hr Math - graphing - factoring
T	1 hr Biology
W	1 hr English poetry
	1 hr Biology
	exercise
	1 hr Math

how do these relate?
how does my brain learn math
how do these connect?
Take care of self
clear head for fractions

Real World Application

ommmmm

AWAKE!

What I'm thinking? + feeling?

What I'm saying

What I'm doing

T
E
A
M

DO

INSTRUMENTAL

Impacts on...

STUDENTS

FEEL
STRESS

EMPOWERED

Reflection

OPEN → to OPINION